




## Guatemala Detailed Itinerary

 **Fiery Volcano Experiences. Cultural Immersion. Stunning Lake Atitlán**

Welcome to the Ultimate Adventure Trip through Guatemala!

 **Airport Information:** Need assistance booking your flight? We are here to help.

Arrive and depart: La Aurora International Airport – Guatemala City

### **Day 1: Welcome to Guatemala!**

Welcome to Central America's best kept secret, Guatemala!

Plan to arrive at **Guatemala City International Airport by 5 PM**, as the journey to **Antigua**—a charming highland city surrounded by volcanoes—takes approximately **an hour to 2 hours** by private transportation. With its stunning **Spanish colonial architecture** and vibrant atmosphere, Antigua is sure to captivate you just in time for our **8 PM welcome dinner**.

**Airport transfer and hotel details will be provided after booking.**

If you are arriving ahead of our scheduled itinerary, we will help coordinate transportation and hotel accommodations.

#### **Transportation:**


 Air-conditioned shuttle vehicle

Airport transfer  Accommodations

Approximate travel time: one to two hours

#### **Meals included:**

 Welcome dinner

 **Accommodation included:** Single occupancy accommodation in Antigua

## **Day 2: Cultural Immersion**

Wake up refreshed and ready to start your exploration of Guatemala.

Today's highlights:


We'll acclimate to the elevation while wandering Antigua's cobblestone streets, uncovering UNESCO colonial landmarks, vibrant markets and hidden courtyards on our guided tour led by a knowledgeable local.


Then we'll dive into Guatemala's rich cultural heritage, watching master weavers bring ancient techniques to life.

Next, we'll explore a countryside coffee farm where the aroma of fresh brews reveals generations of sustainable tradition.

The evening is yours.

### **Free Evening Suggestions:**

 **Rooftop Dinner & Drinks** – Savor a meal at one of the **rooftop bars**, where you can sip cocktails while the sunsets with Fuego Volcano in the distance, creating an unforgettable evening backdrop.

 **Night Markets & Local Eats** – Explore hidden gems serving **authentic Guatemalan street food**.

 **Roaming the Streets** – Stroll through **Parque Central**, admire **colonial architecture**, and soak in the lively atmosphere of Antigua's **cobblestone streets**.

### **Transportation:**


 Air-conditioned vehicle

Hotel  Farm tour

Approximate travel time: 15-30 minutes each way

 Walking Tour

Approximate travel time: 2 hours walking on city streets. Potentially for uneven surfaces.

 **Accommodation included:** Single occupancy accommodation in Antigua

 **Meals included:** Breakfast

### **Day 3: Optional Volcano Acatenango Hike or Nearby Alternatives**

#### **Options:** Acatenango Hike (Full Details Below)

Not up for the full summit trek? No problem—we've got options that offer just as much magic, minus the altitude.

#### Alternative Activities Nearby:

- 🏔️ **Scenic Picnic & Volcano Viewpoint** Settle into a peaceful hillside perch with panoramic views of Guatemala's volcanic chain. No hiking boots required—just a sense of wonder and a camera ready for Fuego's fiery show.
- 🔥 **Hot Springs Soak** Unwind in natural thermal pools tucked into the countryside. These spring-fed baths offer a soothing escape, perfect for easing into the day while surrounded by lush greenery.
- 👁️ **Traditional Cooking Class** Step into a local kitchen and learn the secrets behind Guatemala's most beloved dishes. From handmade tortillas to rich pepián stew, you'll cook, taste, and connect with culinary traditions passed down through generations.

Whether you choose the summit or the softer path, this day is all about immersion, reflection, and awe-inspiring landscapes.

Acatenango Hike: Early private transfer from Antigua via shared shuttle to the starting point of your hike. Hiking groups are kept small in size with a local Guatemalan hiking guide(s).

#### Physical Activity:

📍 **Distance:** 8.5 miles round trip (over two days)

📈 **Elevation Gain:** 5,308 ft (1,618m)

🏞️ **Terrain:** Steep trails through **farmland, subtropical rainforest, high alpine forest, and volcanic terrain**

⚡ **Difficulty:** **Hard** – Expect **loose soil, rocky paths, and high-altitude conditions**

🚶 **Hike Duration:** ~dependent on physical condition of hiker/hikers in the group, 5-6 hours to basecamp

🏠 **Basecamp Elevation:** 3,700m / 12,139ft

🔥 **Fuego Volcano Views:** Watch **frequent eruptions** from camp, where glowing lava lights up the night sky and a blanket of **stars shines brilliantly overhead**

- **Elevation Change:** Ascent up to **4,120 feet**. Descent from 4,120 to 2,500 feet. Meaning steep uphill climb and the return hike is a steep downhill trek.
- **Difficulty: Moderate to hard**—potential for muddy, slippery terrain after rain and a strenuous ascent on the way up.

⚠️ **Challenges:** Exposed sun on the way up. **Cold temperatures at basecamp, high winds, and altitude effects**

✅ **Guided Experience:** Led by **expert local guide(s)** for safety and insights   ✅ **Camping: Shared mountain A-Frames** (dependent on availability, there may be alternatives like tents or cabins) provided at basecamp.   ✅ **Meals:** lunch, dinner & breakfast included   ✅ **Gear:** Bring (or you can rent for a reasonable price) **warm layers, hiking boots, headlamp, gloves, and trekking poles recommended.**

*If needed, **mule assistance or backpack transport** can be arranged for an additional fee, providing extra support for the challenging ascent.*

This **once-in-a-lifetime trek** is physically demanding but **rewarding**, offering **unmatched views of Fuego's eruptions and Guatemala's volcanic landscapes.**

#### **Transportation:**

🚗 Shared vehicle

Accommodations ➡ Start of Hike

Approximate travel time: one hour


🏠 **Accommodation included: See above.** Accommodations at basecamp. Potential for shared accommodations

🍽️ **Meals included for hikers:**

- ✓ Breakfast, packed lunch & dinner

#### **Day 4: Volcano Sunrise**

Wake up to 🌅 **Sunrise Views: Panoramic 360° landscapes** stretching across Guatemala's volcanic chain

 **Descent:** ~2-4 hours back to ending location

Shuttle transport back to Antigua is included.

After our exhilarating **Volcano Acatenango hike**, we'll unwind with a **hearty lunch**. You deserved a relaxing night. Get a good night's rest for our travel day tomorrow to stunning **Lake Atitlán**.

**If you've got energy left, Antigua won't disappoint.** We can arrange a hands-on cooking class where you'll learn to prepare traditional Guatemalan dishes—pepian, tamales, handmade tortillas—and uncover the stories behind each bite.

Or if you've still got some spirit to spare... let the rhythm take over and try salsa dancing!

*Note: Activities are optional and require an additional fee.*


### Transportation:

 Shared vehicle

End of Hike  Accommodations

Approximate travel time: one hour

 **Meals included:**  Breakfast & Lunch

 **Accommodation included:** Single occupancy accommodation in Antigua

## **Day 5: Lake Atitlán**



Grab a quick bite to eat at our accommodations prior to departing on our next half of our journey.

**Oh, stunning Lake Atitlán.** We'll journey from Antigua via air-conditioned shuttle—this isn't just a drive, it's another chance to soak in Guatemala's jaw-dropping beauty. Upon arrival, we'll hop aboard a private boat across the lake for a heart-stopping view of the towering volcanoes that make this destination feel downright magical. What a way to travel.

We will depart our accommodations by local tuk-tuk to **San Juan La Laguna**. This **picturesque and culturally rich** town is known for its **vibrant indigenous traditions, stunning landscapes, and artistic community**.

The evening is yours—**unwind at our accommodations** or continue exploring the **vibrant nearby towns**. Stroll past **colorful murals**, browse **specialty art shops**, or savor the flavors of **lakeside cafés** as the night unfolds. However you choose to spend it, **Lake Atitlán's charm is sure to captivate you**.

## Transportation:




 Air-conditioned shuttle vehicle      Antigua Accommodations  Lake Atitlán Accommodations

Settle in and scan the scenery.

Approximate travel time: 3 – 4 hours

 Private Boat      Panajachel  San Pedro Accommodations

Approximate travel time: approximately 30 minutes

 Tuk-Tuk      Antigua Accommodations  San Juan La Laguna  Antigua Accommodations

Approximate travel time: 5-10 minutes each way

 **Meals included:**  Breakfast

 **Accommodation included:** Single occupancy accommodation at Lake Atitlán

## Day 6: Sunrise Trek and Sailing Over Lake Atitlán




Start the morning with a **short sunrise trek** to **Mirador Kaqasiwaan**, a stunning viewpoint overlooking **Lake Atitlán**. The overlook offers **vibrant murals** that tell the stories of **Mayan heritage and local traditions**.

After breakfast, we'll continue our action-packed day traveling by boat to our next adventure – paragliding over **Lake Atitlán**. Opting out of paragliding? Join an optional Maya Kitchen cooking class—no extra fee.

But wait, the adventure doesn't stop there! Traveling by boat is half of the adventure. Let's hop back on our boat to travel to **San Marcos La Laguna**. This town is known for its **laid-back vibe, holistic wellness scene, and spiritual retreats**. It's a haven for **yoga lovers, artists and travelers** seeking a **slower pace**. Are you choosing a slower pace or action packed (or both!)?

For those with a taste for exhilaration, time to cliff jump into the cool, inviting waters of Lake Atitlán.

For the rest of your day, take advantage of **free time in San Marcos La Laguna** to unwind and explore at your own pace.

 **Wander Through Artist Shops** – Discover **handcrafted textiles, jewelry, and paintings** from local artisans.  **Find a Yoga Class** – Join a **relaxing yoga or meditation session** at one of the town's holistic centers.  **Treat Yourself to a Massage** – Indulge in a **rejuvenating massage or holistic therapy**, perfect for unwinding after an adventurous day.


## Transportation:

 Private Boat

Accommodations  Paragliding

Settle in and scan the scenery from the convenience of a private boat.

Approximate travel time: 30 minutes each way

 Shared shuttle vehicle

Paragliding business  Launch Site

Approximate travel time: 15-30 minutes each way


 Private Boat

Paragliding  San Marcos La Laguna 

Accommodations

Approximate travel time: 15-30 minutes each way


 **Meals included:**  Breakfast

 **Accommodation included:** Single occupancy accommodation at Lake Atitlán

## Day 7: Departure


What a way to top off our epic Guatemalan adventure. We will hop on our transportation to Guatemala City taking in the countryside one last time before our farewell dinner in Guatemala City. Departure day – Depart from La Aurora International Airport – Guatemala City. Your flight can depart at any time, but if you're not ready to end your **Guatemalan adventure**, your guide can arrange **additional tours** to explore more of the country's **stunning landscapes and thrilling experiences**—just ask!

## Transportation:

 Boat

Accommodations  Panajachel

Approximate travel time: approximately 30 minutes


 Private air-conditioned shuttle

Panajachel  Guatemala City Accommodations

Approximate travel time: 3.5 - 4 hours

 **Meals included:**

 Breakfast

 **Accommodation included:** Single occupancy accommodation Guatemala City