

Guatemala Detailed Itinerary

Fiery Volcanic Hikes. Cultural Immersion. Soaring Over Lakes

Welcome to the Ultimate Adventure Trip through Guatemala!

<u>Airport Information:</u> Need assistance booking your flight? We are here to help.

Arrive and depart: La Aurora International Airport - Guatemala City

Day 1: Welcome to Guatemala!

Welcome to Central America's best kept secret, Guatemala!

Plan to arrive at **Guatemala City International Airport by 5 PM**, as the journey to **Antigua**—a charming highland city surrounded by volcanoes—takes approximately **an hour to 2 hours** by private transportation. With its stunning **Spanish colonial architecture** and vibrant atmosphere, Antigua is sure to captivate you just in time for our **8 PM welcome dinner**.

Airport transfer and hotel details will be provided after booking.

If you are arriving ahead of our scheduled itinerary, we will help coordinate transportation and hotel accommodations.

Transportation:

Air-conditioned shuttle vehicle

Airport transfer → Accommodations

Approximate travel time: one to two hours

🔘 Meals included:

Velcome dinner

Accommodation included: Single occupancy accommodation in Antigua

Day 2: Cultural Immersion

Roam with Me Travel www.roamwithmetravel.com Phone: 314.440.8033 Email: roamwithmetravel@outlook.com Wake up refreshed and ready to start your exploration of Guatemala.

Today's highlights:

We'll acclimate to the elevation while wandering Antigua's cobblestone streets, uncovering UNESCO colonial landmarks, vibrant markets and hidden courtyards on our guided tour led by a knowledgeable local.

Then, we will dive into **Guatemala's rich cultural heritage**, witnessing master weavers at work and exploring a countryside farm where the aroma of **freshly brewed coffee and macadamia orchards** reveals centuries-old sustainable traditions.

Free Evening Suggestions:

Rooftop Dinner & Drinks – Savor a meal at one of the **rooftop bars**, where you can sip cocktails while the sunsets with Fuego Volcano in the distance, creating an unforgettable evening backdrop

10 Night Markets & Local Eats – Explore hidden gems serving authentic Guatemalan street food

Roaming the Streets – Stroll through **Parque Central**, admire **colonial architecture**, and soak in the lively atmosphere of Antigua's **cobblestone streets**.

Transportation:

🚙 Air-conditioned vehicle

Hotel 🔁 Farm tour

Approximate travel time: 15-30 minutes each way

🚶 Walking Tour

Approximate travel time: 2 hours walking on city streets. Potentially for uneven surfaces.

🖀 Accommodation included: Single occupancy accommodation in Antigua

I Meals included: Breakfast & Lunch

Day 3: Overnight Volcano Acatenango Hike

Early private transfer from Antigua via shared shuttle to the starting point of your hike. Hiking groups are kept small in size with a local Guatemalan hiking guide(s).

Physical Activity:

P Distance: 8.5 miles round trip (over two days)

Phone: 314.440.8033 Email: <u>roamwithmetravel@outlook.com</u> **Elevation Gain:** 5,308 ft (1,618m)

Terrain: Steep trails through farmland, subtropical rainforest, high alpine forest, and volcanic terrain

Difficulty: Hard – Expect loose soil, rocky paths, and high-altitude conditions

Hike Duration: ~dependent on physical condition of hiker/hikers in the group, 5-6 hours to basecamp

🚵 Basecamp Elevation: 3,700m / 12,139ft

Fuego Volcano Views: Watch **frequent eruptions** from camp, where glowing lava lights up the night sky and a blanket of **stars shines brilliantly overhead**

- Elevation Change: Descends from 4,120 feet to 2,500 feet, meaning the return hike is a steep uphill climb.
- **Difficulty: Moderate to hard**—potential for muddy, slippery terrain after rain and a strenuous ascent on the way up.

A Challenges: Exposed sun on the way up. Cold temperatures at basecamp, high winds, and altitude effects

✓ Guided Experience: Led by expert local guide(s) for safety and insights ✓ Camping: Shared mountain A-Frames (dependent on availability, there may be alternatives like tents or cabins) provided at basecamp. ✓ Meals: lunch, dinner & breakfast included ✓ Gear: Bring (or you can rent for a reasonable price) warm layers, hiking boots, headlamp, gloves, and trekking poles recommended.

If needed, **mule assistance or backpack transport** can be arranged for an additional fee, providing extra support for the challenging ascent.

This **once-in-a-lifetime trek** is physically demanding but **rewarding**, offering **unmatched views of Fuego's eruptions and Guatemala's volcanic landscapes**.

Transportation:

🚙 Shared vehicle

Accommodations 🔁 Start of Hike

Approximate travel time: one hour

Roam with Me Travel www.roamwithmetravel.com **Accommodation included: See above.** Accommodations at basecamp. Potential for shared accommodations

🔍 Meals included:

✓ Breakfast, packed lunch & dinner

Day 4: Volcano Sunrise

Wake up to Sunrise Views: Panoramic 360° landscapes stretching across Guatemala's volcanic chain

Descent: ~2-4 hours back to ending location

Shuttle transport back to Antigua is included.

After our exhilarating **Volcano Acatenango hike**, we'll unwind with a **hearty lunch**. You deserved a relaxing night. Get a good nights rest for our travel day tomorrow to stunning **Lake Atitlán**.

If you've got energy left, Antigua won't disappoint. We can arrange a hands-on cooking class where you'll learn to prepare traditional Guatemalan dishes—pepian, tamales, handmade tortillas—and uncover the stories behind each bite.

Or if you've still got some spirit to spare... let the rhythm take over and try salsa dancing!

Note: Activities are optional and require an additional fee.

Transportation:

🚙 Shared vehicle

End of Hike 🔁 Accommodations

Approximate travel time: one hour

🛛 🔟 Meals included: 🗸 Breakfast & Lunch

EXACCOMMODATION INCLUDED: Single occupancy accommodation in Antigua

Day 5: Lake Atitlán

Grab a quick bite to eat at our accommodations prior to departing on our next half of our journey.

Roam with Me Travel	Phone: 314.440.8033
www.roamwithmetravel.com	Email: <u>roamwithmetravel@outlook.com</u>

Oh, stunning Lake Atitlán. We'll journey from Antigua via air-conditioned shuttle—this isn't just a drive, it's another chance to soak in Guatemala's jaw-dropping beauty. Upon arrival, we'll hop aboard a private boat across the lake for a heart-stopping view of the towering volcanoes that make this destination feel downright magical. What a way to travel.

We will depart our accommodations by local tuk-tuk to **San Juan La Laguna**. This **picturesque and culturally rich** town is known for its **vibrant indigenous traditions**, **stunning landscapes**, **and artistic community**.

The evening is yours—unwind at our accommodations or continue exploring the vibrant nearby towns. Stroll past colorful murals, browse specialty art shops, or savor the flavors of lakeside cafés as the night unfolds. However you choose to spend it, Lake Atitlán's charm is sure to captivate you.

🛥 Air-conditioned shuttle vehicle 🚽 Antigua Accommodations 📑 Lake Atitlán Accommodations

Transportation:

	Settle in and scan the scenery.		
	Approximate travel time: 3 – 4 hours		
	🚙 Private Boat	Panajachel 🔁 San Pedro Accommodations	
Approximate travel time: approximately 30 minutes			
	🚙 Tuk-Tuk 🔹 Antigua Accommodations <mark>-</mark>	• San Juan La Laguna 🔁 Antigua Accommodations	
Approximate travel time: 5-10 minutes each way			
	Meals included: V Breakfast & lunch		

🍽 Meals included: 🗸 Breakfast & lunch

🚪 Accommodation included: Single occupancy accommodation at Lake Atitlán

Day 6: Sunrise Trek and Sailing Over Lake Atitlán

Start the morning with a **short sunrise trek** to **Mirador Kaqasiiwaan**, a stunning viewpoint overlooking Lake Atitlán. The overlook offers **vibrant murals** that tell the stories of **Mayan heritage and local traditions**.

After breakfast, we'll continue our action-packed day traveling by boat to our next adventure – paragliding over **Lake Atitlán.** Opting out of paragliding? Join an optional Maya Kitchen cooking class—no extra fee.

But wait, the adventure doesn't stop there! Traveling by boat is half of the adventure. Let's hop back on our boat to travel to **San Marcos La Laguna**. This town is known for its **laid-back vibe, holistic wellness scene, and spiritual retreats.** It's a haven for **yoga lovers, artists and travelers** seeking **a slower pace.** Are you choosing a slower pace or action packed (or both!)? We will weave in to end our day.

For those with a taste for exhilaration, time to cliff jump into the cool, inviting waters of Lake Atitlan.

For the rest of your day, take advantage of **free time in San Marcos La Laguna** to unwind and explore at your own pace.

Wander Through Artist Shops – Discover handcrafted textiles, jewelry, and paintings from local artisans.
Find a Yoga Class – Join a relaxing yoga or meditation session at one of the town's holistic centers.
Treat Yourself to a Massage – Indulge in a rejuvenating massage or holistic therapy, perfect for unwinding after an adventurous day.

Transportation:

🚙 Private Boat	Accommodations 📑 Paragliding	
Settle in and scan the scenery from the convenience of a private boat.		
Approximate travel time: approximately 30 minutes each way		
🚙 Shared shuttle vehicle	Paragliding business ラ Launch Site	
Approximate travel time: approximately 15-30 minutes each way		
🚙 Private Boat Accommodations	Paragliding 🔁 San Marcos La Laguna 🔁	
Approximate travel time: approximately 15-30 minutes each way		
🍽 Meals included: 🗸 Breakfast & Lunch		
Accommodation included: Single occup	pancy accommodation at Lake Atitlán	

Day 7: Authentic Fire Ceremony & Farewell Dinner

We'll end our time at Lake Atitlán with an authentic Fire Ceremony—a sacred ritual still practiced by local Mayan communities. After one final boat ride to Panajachel, private transport will take us to the Iximche Ruins, where we'll immerse ourselves in this powerful cultural experience.

What a way to top off our epic Guatemalan adventure. We will hop on our transportation to Guatemala City taking in the countryside one last time before our farewell dinner in Guatemala City.

Transportation:

🚜 Boat	Accommodations 🔁 Panajachel	
Approximate travel time: approximately 30 minutes		
🚙 Private air-conditioned shuttle	Panajachel 🔁 Mayan Fire Ceremony	
Approximate travel time: one hour and 15 minutes		
🚙 Private air-conditioned shuttle	Iximche Ruins 🔁 Guatemala City Accommodations	
Approximate travel time: approximately 2 hours		
Meals included:		
🗸 Breakfast, Lunch & Farewell Dinn	er	

Accommodation included: Single occupancy accommodation Guatemala City

Day 8: Departure

Departure day – Depart from La Aurora International Airport – Guatemala City. Your flight can depart at any time, but if you're not ready to end your **Guatemalan adventure**, your guide can arrange **additional tours** to explore more of the country's **stunning landscapes and thrilling experiences**—just ask!

Transportation:

🚙 Private air-conditioned taxi

Guatemala City Accommodations 🔁 Airport

Approximate travel time: approximately 2-3 hours

🝽 Meals included:

🗸 Breakfast